

ACTIV-ATE

by PURE FARE

Wellness, like good food, is all about the sum of the parts. Traditionally, a career in the restaurant industry is synonymous with long hours, late nights and a fast paced lifestyle that makes work/life balance difficult.

However, the industry is changing and so are the people.

We want to redefine “Industry Night” for the all-stars who are redefining the industry itself.

This event is free and open to all the people out there who need a break from the daily grind.

MONDAY
JUNE 26
11 AM - 1 PM

45 min. bootcamp
on the Schuylkill River Trail
led by Carly of Carlyfit
w/ necessary hydration by Core Water
Photography & Videography by
Josh Thornton of A Photography Thing

#ACTIVATEPHL #WELLNESSEASONED

Family Meal at Agno Grill

w/ a Tahini Shake by Soom Foods

Desserts by Cake Life

Treats from GoMacro

7 Day Passes to City Fitness

and more....

CHECK IN @
EVENT W/
VEA
FITNESS

RSVP by
emailing:
kelley@purefare.com

SPECIAL THANKS TO:

Dr. Hava Rose, Mobile Chiropractor & Health Curator @hava.rose

Krystal Santos, ACE Certified Health Coach and Fitness Instructor.

@happyhumanbean123

KEEP AN EYE
OUT FOR
MONTHLY
EVENTS