GO RED IN 2015

A CALENDAR OF UPCOMING HEART HEALTH EVENTS IN THE REGION.

FEBRUARY, 2015

MAIN LINE HEALTH HOSTS HEART HEALTH EVENTS THROUGHOUT FEBRUARY

CALL 1.888.876.8764 OR VISIT

MAINLINEHEALTH.ORG/EVENTS

FROM SCREENINGS AND EDUCATION PROGRAMS, TO EATING SMART, WELLNESS WEDNESDAYS, AND SENIOR SUPPERS, MAIN LINE HEALTH HAS SOMETHING HEART HEALTHY FOR EVERYONE.

FEBRUARY 6 ♥

National Wear Red Day

FEBRUARY 6

TEMPLE WOMEN GO RED COMMITTEE PRESENTS

1ST ANNUAL GALA BENEFIT – "MOTOWN" NIGHT

7 – 11PM

BEAT STREET STATION IN MANAYUNK

TEMPLEMOTOWNNIGHT.BROWNPAPERTICKETS.COM/

FEATURING GRAMMY AWARD WINNING ARTISTS, MOTHER FATHER SISTER BROTHER (MFSB)

FEBRUARY 7

GRAND VIEW HEALTH'S ANNUAL HEART HEALTH FAIR

10AM – 2PM

THE MONTGOMERY MALL (NEAR MACY'S)

GVH.ORG/EVENT/HEART-HEALTH-FAIR

FEBRUARY 7 ♥

PHILADELPHIA HEART BALL

6 - 11PM

PHILADELPHIA DOWNTOWN MARRIOTT

FEBRUARY 11 ♥

GO RED AT BOYD'S SHOPPING NIGHT

5 - 8PM

BOYD'S IN CENTER CITY

FEBRUARY 17

RAYMOND RODRIGUEZ, M.D., DISCUSSES HEART HEALTH

12:30 – 3:30PM

CHESTNUT HILL HOSPITAL

215-248-8294

EMAIL CRYSTAL_GLODEK@CHS.NET

FEBRUARY 17

DOYLESTOWN HOSPITAL'S LOVE YOUR HEART HEALTH FAIR

4:30 – 7:30PM

CENTRAL BUCKS FAMILY YMCA, DOYLESTOWN PA

215-345-2121

DH.ORG/LYH

FEBRUARY 21

HEART & SOLE BREAKFAST HOSTED BY STEVENS AND LEE LAW FIRM

SAKS FIFTH AVE, CITY LINE AVE

ROBIN.EDWARDS@HEART.ORG

FEBRUARY 21 (AND MONTHLY THEREAFTER)

WALK WITH A DOC: A CARDIOLOGIST-LED WALKING AND EDUCATION PROGRAM

10AM

ST. MARY REHAB HOSPITAL WALKING TRACK, LANGHORNE PA

STMARYHEALTHCARE.ORG/WALKWITHADOC

FEBRUARY 28

7TH ANNUAL JEFFERSON'S HEART HEALTH DAY

11:30AM – 1:30PM

KING OF PRUSSIA MALL, LORD & TAYLOR COURT

JEFFERSON.EDU/HEARTHEALTH

MEET PHILADELPHIA EAGLES' JEREMY MACLIN, SWOOP, THE EAGLES CHEERLEADERS AND MERRILL REESE & ENJOY A LIVE COOKING DEMONSTRATION AND SAMPLE DELICIOUS HEART-HEALTHY DISHES

FEBRUARY 28

HEALING HEARTS: EMPOWERING WOMEN TO TAKE CHARGE OF THEIR HEART HEALTH

10AM – 1PM

EINSTEIN MEDICAL CENTER

PHILADELPHIA, GOULEY AUDITORIUM, 5501 OLD YORK ROAD, PHILADELPHIA, PA 19141

EINSTEIN.EDU/HEALINGHEARTSEVENT

INSPIRATIONAL PRESENTATIONS FROM EINSTEIN PROFESSIONALS, FREE HEART HEALTHY BREAKFAST, YOGA FOR BEGINNERS, GIVEAWAYS AND HEALTH SCREENINGS, COOKING DEMOS AND DELICIOUS HEART-HEALTHY SAMPLES

APRIL 17 ♥

HEART SCIENCE FORUM

8AM - 1:30PM

WHYY—INDEPENDENCE MALL WEST, 150 N. 6TH STREET, PHILADELPHIA

PHILADELPHIAHEARTSCIENCEFORUM.COM

MAY 4 & 5 ♥

THE RICHIE ASHBURN MEMORIAL HOME RUNS FOR HEART

8AM - 4:30PM

CITIZENS BANK PARK, 1 CITIZENS BANK WAY

HEART.ORG/HOMERUNS

MAY 13 ♥

PHILADELPHIA GO RED FOR WOMEN LUNCHEON AND HEALTH EXPO

CRYSTAL TEA ROOM, 100 E. PENN SQUARE

PHILADELPHIAGORED/AHAEVENTS.ORG

ON-GOING

DINE WITH THE DOCS

MERCY FITZGERALD HOSPITAL, DARBY PA

1-877-GO-MERCY

A SERIES OF HEART HEALTH LUNCH AND DINNER EVENTS WITH MERCY HEALTH PHYSICIANS

♥ Indicates American Heart Association Events. For more information, visit **heart.org/Philadelphia**